

Underway Checklist

Be prepared for an upcoming underway with this checklist. Each underway is different, review each suggestion to see if it makes sense for your underway. Make sure to get your items safety-tagged before plugging into the outlets. Purchases made through links in this document benefit the Navy-Marine Corps Relief Society.

Clothing

- Full sea bag (varies based on rank and gender) <http://www.public.navy.mil/bupers-npc/support/uniforms/uniformregulations/chapter1/pages/seabagactive.aspx>
- 2+ pairs of Flame-Retardant Variant (FRV) coveralls
 - Collar devices
 - Name badge
 - Belt
 - Belt buckle
 - Boots
 - Undershirts (minimum: 2 week's worth)
 - Underwear (minimum: 2 week's worth)
 - Socks (minimum: 2 week's worth)
- Navy Working Uniform (while in port)
 - Check your rank's and gender's requirements
 - Cover
- PT Gear (1+ pair for PRTs)
 - Shorts
 - Shirts
 - Socks
 - Shoes
- Civilian workout clothing (or additional PT gear)
 - Shorts
 - Shirts
 - Socks (pair up with PT gear socks)
 - Shoes (use PT gear shoes)
 - Workout sweat clothes (can use to keep warm on cold nights)
 - Weight lifting gloves
- Civilian clothing
 - Males: 1+ collared shirt
 - Pants (at least one pair that are not jeans)
 - Modest shirts without offensive graphics or words
 - Shoes
 - Belt

Toiletries

- Toiletry bag (to carry items from berthing to the head)
- Body cleaner (Sailor's preference)
 - Liquid body wash and loofah
 - Bar soap and soap box
 - Loofah with pouch for bar soap <https://www.navysmart.com/amazon/B0068UZBHS/>
- Shampoo (liquid or solid bars)
- Conditioner (liquid or solid)
- Toothbrush (and with backup)
- Toothbrush holder
- Toothpaste
- Floss
- Deodorant (bar, no leaks in rack)
- Brush/comb
- Skin care products
- Baby wipes (use if showers are down, do *not* flush) <https://www.navysmart.com/amazon/B00M4M314Y/>
- Sunblock <https://www.navysmart.com/amazon/B078FH5X/>
- Aloe vera <https://www.navysmart.com/amazon/B071FJ5F24/>
- 2+ Microfiber towels (faster drying than cotton) <https://www.navysmart.com/amazon/B01MDNHHEK/>
- 3+ Mesh laundry bags (whites, mixed, civilian clothing)
- 3+ Laundry bag pins
- Laundry 3-in-1 sheets (compact, no mess) <https://www.navysmart.com/amazon/B00U9SFSZK/>
- Crocs or shower shoes (with 1+ backup pair) (Crocs offer elevation from shower floor water)
- Backup rolls of marine grade toilet paper (the heads *will* run out)
<https://www.navysmart.com/amazon/B000TV59EC/>
- Hand sanitizer <https://www.navysmart.com/amazon/B00A0N5VW4/>
- Shoe shine kit <https://www.navysmart.com/amazon/B07GGVYSCC/>
- Females: Feminine hygiene products
- Females: Makeup
- Over the counter medicine
 - Dramamine (motion sickness relief) <https://www.navysmart.com/amazon/B004AIC560/>
 - Tylenol, Aspirin, or Ibuprofen
 - Cough drops
 - Caffeine tablets <https://www.navysmart.com/amazon/B001QVCWSK/>
- Personal first aid kit <https://www.navysmart.com/amazon/B074VGZ7SS/>
- Eyeglass repair kit <https://www.navysmart.com/amazon/B000I2OSB2/>

Rack

- 2+ pairs of bed sheets <https://www.navysmart.com/amazon/bed+sheets/>
- Pillow <https://www.navysmart.com/amazon/pillow/>
- 2+ Pillow cases <https://www.navysmart.com/amazon/pillow+case/>
- Blanket (check berthing regulations) <https://www.navysmart.com/amazon/blanket/>
- Battery powered alarm clock <https://www.navysmart.com/amazon/B06ZYQG85Z/>
- 2+ pad locks (directional combination locks prevent lost key issues and can be easily opened in the dark, one for rack and one for stand up locker) <https://www.navysmart.com/amazon/B076F4YCC3/>
- Sleep mask
- Battery powered light <https://www.navysmart.com/amazon/B00KD3BRIS/>
- Clip fan (if allowed) <https://www.navysmart.com/amazon/B014THFEKK/>
- Rack curtains (write your name of them to prevent theft)
- Sheet suspenders (keeps bed sheets tight) <https://www.navysmart.com/amazon/B0014AMBWK/>
- Sleeping bag (sleep on top of pre-made bed) <https://www.navysmart.com/amazon/B00363X1DQ/>
- Memory foam mattress topper (typically 72x30")
- Command hooks <https://www.navysmart.com/amazon/B0753P8GZQ/>
- Adhesive air fresheners <https://www.navysmart.com/amazon/B00AN5L8DK/>

Entertainment

- External hard drive <https://www.navysmart.com/amazon/external+hard+drive/>
 - Download VLC installer and store on drive <https://www.videolan.org/vlc/#download>
- Media files to enjoy in your rack
- On-the-go cable (connect phone to external hard drive to view and save media files) <https://www.navysmart.com/amazon/B01N1RHJC0/>
- Laptop <https://www.navysmart.com/amazon/laptop/>
- HDMI cable <https://www.navysmart.com/amazon/B014I8SSD0/>
- Tablet or Phone to HDMI adapter
- Movies
- Puzzle books <https://www.navysmart.com/amazon/0740785397/>
- Gaming device with games
 - Nintendo Switch <https://www.navysmart.com/amazon/B01MUAGZ49/>
 - Nintendo Switch games <https://www.navysmart.com/amazon/switch-games/>
 - Nintendo DS <https://www.navysmart.com/amazon/B00S1LRX3W/>
 - Nintendo DS games <https://www.navysmart.com/amazon/3ds-games/>
 - XBOX or PlayStation Gaming Environment <https://www.navysmart.com/amazon/B00H0R9DSG/>
- Books
- Playing cards <https://www.navysmart.com/amazon/B000050GET/>
- Music player
- Headphones (with backup pair, consider a style that allows one ear to be uncovered)
- Headphone splitter (to watch movies with a friend) <https://www.navysmart.com/amazon/B0719LFLKG/>
- Universal power adapter <https://www.navysmart.com/amazon/B074CRS574/>
- Power bank <https://www.navysmart.com/amazon/power+bank/>

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Food

- Protein bars <https://www.navysmart.com/amazon/protein+bars/>
- Hot sauce <https://www.navysmart.com/amazon/hot+sauce/>
- Water bottle with filter <https://www.navysmart.com/amazon/B004GN8RDY/>
- Lidded coffee cup <https://www.navysmart.com/amazon/B073WJMKHN/>
- Ready to eat meals

Documents

- Military CAC
- SIPR token
- Passport
- Cash card (or cash to get or load a cash card)
- If TAD: Paper copies of SAAR-N

Miscellaneous

- Phone charging cable (with 1+ backup)
- Multi-tool or Gerber <https://www.navysmart.com/amazon/B000EDPT9K/>
- Small flashlight (with a red mode to use at night) <https://www.navysmart.com/amazon/B01DVK6JI2/>
- Box of black pens <https://www.navysmart.com/amazon/B00347A8NK/>
- Sewing kit <https://www.navysmart.com/amazon/B01G3LOLD6/>
- Personal iron (if allowed) <https://www.navysmart.com/amazon/B00JPCWDJU/>
- Ironing starch <https://www.navysmart.com/amazon/B06XJBGJFF/>
- Ironing board cover (verify ironing board size) <https://www.navysmart.com/amazon/B013WJYJ4I/>
- Velcro (place on alarm clock on rack wall, velcro phone case above head to watch movies in your rack)
- Tobacco users: 3+ months of tobacco products (vaping is not authorized on *some* ships)
- Lighter
- Notebook
- Ear plugs <https://www.navysmart.com/amazon/B00SNLRXTY/>
- Folding chair <https://www.navysmart.com/amazon/B01L2DQT08/>
- Hammock <https://www.navysmart.com/amazon/B01GCKAM7W/>
- If TAD: Command coins to give or exchange
- Contact your cellphone provider to ask if you can place a hold on your service.